



UPDATE ON THE SWINE FLU – November 10th, 2009

Synopsis by Gail Kopin N.D.

The CDC is reporting *whole markers* of the flu or flu like symptoms which is now referred to as: the **FLU LIKE SYNDROME**. The CDC collectively reports both the common seasonal **FLU and H1N1 flu**. The public is not *specifically* being tested for the H1N1. The test that is provided to determine if you have the H1N1 is RT – PCR. This test can be costly and often only provided to young children. It does take approximately 9 days to obtain the results. High risk groups are: immune compromised, pregnant women, and young population from ages 2-24 years of age. The CDC is still recommending having the vaccine. In fact, some manufacturer's vaccine companies have provided vaccines without the preservative thimerosal, a mercury preservative. In fact, state to state may not report consistent facts regarding flu facts, therefore not giving us *TRUE MARKER* about *H1N1*? FACT: this vaccine has only been tested on 1,200 people. In my opinion, if you are sensitive and or allergic to eggs, sulfur or mercury, it may not be suggested. Do you have Gillian Barre Syndrome? Gillian Barre is a syndrome which attacks the immune system and causes devastating neurological problems. Studies, have questioned is this linked to vaccines? Gillian Barre has been known to precede a virus or bacterial infection. The nasal spray mist vaccine is a *live virus*, not suggested for compromised immunity, only healthy public. The CDC has recommended that using an anti-viral is recommended to reduce symptoms. You can use anti-viral conventional medicine from your physician and or ND using a homeopathic anti-viral medicine. Anti viral can be used for all ages. The question you must ask yourself is do you believe vaccines are safe? Are you confident and trust our CDC or world Health Organization? In fact, where did your vaccines come from? What is in the vaccine? Why do the vaccine manufacturer's disclaimers state they are not held responsible for adverse effects? The best choice is your choice between you and your doctors. VISIT OUR WEBSITE: www.alternativehealthassoc.com for ongoing updates
