



FACTS ABOUT CONVENTIONAL AND ALTERNATIVE HEALTHCARE IN THE UNITED STATES

CONVENTIONAL HEALTHCARE

1. Adverse **prescription drugs reactions kill 106,000** Americans every year. Source: www.hmosetlements.com
2. **Over 50% of FDA approved drugs have side effects** that are not detected before marketing approval. Source: Time to act on Drug Safety. *American Medical Association 1998.*
3. Merck has spent more than \$500 million on advertising Vioxx. Source: www.todaysseniorsnetwork.com
4. The highest spending advertiser for a Super Bowl were the drugs Levitra and Cialis both erectile dysfunction drugs. The drug company spent more than \$ 265 million on advertising in the first 5 month of 2004. Source: AARP
5. **Patient deaths leaped from 260% due to medication and 850% among out patient services in hospitals.** Source: *Medical errors, malpractice, public's top measure of healthcare quality. Agency for Healthcare Research and Quality. December 200*
6. **25% of people can't afford to fill their prescription drugs.** Source: AARP
7. **The poor agriculture in the United States is contributing too many of our diseases such as allergies, cancer, ADD, asthma.** Etc. Dr. Katz MD – *Good Morning America. July 5, 2005. Suggested eating more organic-cleaner foods. Too many steroids and antibiotics.*
8. **180,000 people die each year of medical errors or injury.** Source: *Leape L Error in medicine. Journal of American Medical Association 1994.*
9. Malpractice is responsible for the deaths of 80,000 American every year. Source: *Public Citizen Magazine May/June 1994.*
10. **20% of the drug doses in hospitals are incorrect.** Source: *Archives of Internal Medicine 2002.*
11. **Around 16,500 Americans died last year from bleeding stomach ulcers brought about by common anti-inflammatory drugs.** Source: *USA Today, December 1998.*
12. In 2001 there were 3.3 billion prescriptions written by U.S. doctors in 2001. Source: *NDC Health Study.*
13. **Pfizer spent \$ 499 million in promoting Celebrex** which is a drug that had **caused a high risk to cardiovascular disease during a cancer study.** www.fda.gov.
14. **96% of studies that are done financial ties to the drug that they were studying.** Source: *New England Journal of Medicine* is performed by drug companies.
15. Prescription drugs are the fastest growing component of personal health expenditures mounting in 1997 at \$ 78.9 million. Source: *New England Journal of Medicine 1999.*
16. The average social security check is \$ 955.00
17. Prices of pharmaceuticals have doubled 11/05 moving up by to 6 %. *Abc.chicago.com.*
18. **Beware of your tap water it** can contain many bad chemicals such as: arsenic and copper which leads to toxicity and health problems. IL was one of the top 10 out of the United States with chemicals in their tap water. 12/20/05- *Environmental Protection Agency-abc.chicago.com.*
19. **Antibiotics are over prescribed** according to the *Center of Disease Control.* Most people have become resistant to most bacteria's. It is suggested probiotics are taken and MD's are more selective with prescriptions for acute illnesses. NBC reports 1-30-06.
20. **60% OF women obtain cancer each year.** Mrs. ABC 8-10-06. *Jackson Hunsicker. Turning Heads.* Not all women survive cancer and chemotherapy.
21. **2007 – 1 out of 150 children is getting AUTISM in the United States.** Our government is investing in more money for prevention. *ABC News, 2-9.07 Alternative advocate groups,* Believe this is contributed by thirmersol a mercury preservative in vaccines.



ALTERNATIVE/COMPLIMENTRY AND WELL CARE:

1. For every \$ 1 you spend on a nutritional supplement you save \$ 30 in medical costs. *Nutrition 2001.*
2. **The number of deaths from nutraceuticals supplementation is 0.** *Source: Palmer ME. Adverse events associated with dietary supplements: Lancet 2003*
3. **Baby boomers are choosing to spend more on wellness healthcare** over sickness healthcare. *Source: Pitzer. The Next Trillion.*
4. The Wellness industry produced \$ 0 in 1990. In 2000 it went to \$ 200 billion. *Source: The Next Trillion.*
5. **76 Billion Americans now visit Alternative Doctors versus conventional medical doctors.** Most people would prefer to see alternative doctors because of wanting to learn about prevention of disease, cost less money, more and better care, and tired of a quick visit and pill for a cure. *ANMA conference 2004.*
6. Most people are willing to pay out of pocket for good healthcare if the insurance companies are not covering preventive healthcare. *ANMA2004*
7. **Probiotics-acidophilus** known as beneficial bacteria have been proven in Germany 2005 from studies that **probiotics- friendly bacteria when eaten and/or taken in a supplement form can help numerous illnesses.** **It is a known fact that probiotics have many people with ulcers, IBS, constipation, eczema, fibromyaliga, chronic fatigue, colds and flu.** *This was stated on TMJ Channel 4 Live at Daybreak on 10/4/05 by a registered dietician.*
8. **The top 5 US Nutritional/Environmental Diseases** are- ***cancer, obesity, heart, diabetes, and stroke.*** *Book education: Nutritional Diseases.*
9. **Cure for the common cold** – Cold FX Sales – made by ginseng extract. Sold in Canada soon to reach the U.S. Ginseng-helps the common cold. *Good Morning America. 10-25-05.* Ginseng has to be taken for 4 months for a preventive medicine. Half of the U.S. catches colds each year.
10. **Pregnancy** it is a known fact that by taking folic acid and zinc and eating the right foods for your body type will assist one with more energy and a healthier baby. Taking too much iron will interfere with absorption of necessary nutrients to baby and mom. *11/2/05 abc.chicago.com-Channel 7 news.*
11. **LEAD** – the Center of Environmental Health has reported that lead has been found in children’s lunch boxes- usually made of vinyl. Lead can be check by a bio chemistry test by Dr. Kopin. *ABC News – 2005 November.* **Also,** one quarter of children six years of age had lead in their blood. Serious health problems can occur even death. *American Academy of Peds.*
12. **FISH OILS:** - a diet rich in fatty acids have inflammatory properties, including treatment for arthritis, Alzheimer’s, asthma, macular degeneration, depression, ADD, autoimmune, breast and liver cancer. jdeardorff@tribune.com *9-10-06 Chicago Tribune.*
13. **A huge decrease in cancer in the 2 years is due to prevention.** *ABC news 1.07.*
14. **CNN -11-11-11 Reports Employers say they are focused more on consumer driven health care and high deductibles, encouraging medical savings accounts and to reduce costs and focus on more employee responsibility.**

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