



Diffused oils alter the structure of molecules that create odors, rather than just masking them. They also increase oxygen availability, produce negative ions, and release natural ozone. Many essential oils such as lemongrass, orange, grapefruit, Eucalyptus globules, tea tree, lavender, frankincense, and lemon, along with essential oil blends (Purification and Thieves) are extremely effective for eliminating and destroying airborne germs and bacteria.

A cold-air diffuser is designed to atomize a micro fine mist of essential oils into the air, where they can remain suspended for several hours. Unlike aroma lamps or candles, a diffuser disperses essential oils without heating or burning, which can render the oil therapeutically less beneficial and even create toxic compounds. Burned oils may become carcinogenic. Research shows that cold air diffusing certain oils may:

- Reduce bacteria, fungus, mold, and unpleasant odors.
- Relax the body, relieve tension, and clear the mind.
- Help with weight management.
- Improve concentration, alertness, and mental clarity.
- Stimulate neurotransmitters.
- Stimulate secretion of endorphins.
- Stimulate growth hormone production and receptivity.
- Improve the secretion of IgA antibodies that fight Candida.
- Improve digestive function.
- Improve hormonal function.
- Improve hormonal balance.
- Relieve headaches.



Home Diffuser #4468 whls. \$85.00 contact: DrGailND@alternativehealthassoc.com to obtain a preferred customer number and order your home diffuser on-line.

Young Living's Home Diffuser is a state-of-the-art essential oil atomizer that can diffuse any essential Oils from peppermint to Valor.

